

LADIES' night out

*18 February 2016
6:00pm - 8:30pm*

*New Year!
New You!*

"Take a night off from dinner, dishes, and the kids! Join Martin Army Community Hospital and numerous Fort Benning agencies for a free evening of pampering, fun, food, and great information. Select community experts available on site with tips on how to live the healthiest life possible."

After-hour Mammograms will be offered! Schedule your well woman exam! Get Diabetic screenings, BMI evaluations, and much more!
Come let loose with Zumba and Line Dancing!

Martin Army Community Hospital | 6600 Van Aalst Blvd
Ft. Benning, GA 31905

MACH Info Desk: 762-408-2604/2605

Appointment Line Number: 762-408-CARE(2273)

